



Newsletter

Center for Balanced Living

New Location

As seen in our January Newsletter, Center for Balanced Living has consolidated our Middletown and Dover locations to a new location in Townsend Delaware. To continue providing the best care, **information will be provided in this newsletter as well to continue a smooth transition.**

When arriving at the new location, the house is at the end of the long driveway shown , and the mailbox has an engraved Tree of Life with the company name underneath (shown in next section).

Parking

Please do not park in the grass!

On days where the weather is not so great, the grass can become muddy and difficult to maneuver in. **To prevent becoming stuck, park along the circle.** Maintain at least two tires on the asphalt *if needed*. Please note the arrow in the image, we ask you to park along the right side of the circle.

Currently you will see orange cones outlining the barrier of the driveway. **Please park on the asphalt along those cones.** Come inside and chat with your clinician if there are any issues.



You will then be able to follow the driveway to the house at the end where there will be parking off to the right (shown below). After parking, please follow the sidewalk until you see the entrance shown below.



When you arrive....

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Once you have entered the practice, please check-in through our new Ipad system as seen below. This will allow your specific clinician to receive important information, in addition to knowing your arrival, then coming out to get you shortly.



Finally, to the left of our check-in station will be our cozy waiting room, we encourage you to have a seat and your clinician will be out shortly.



Driving with caution

For the moment, the driveway is wide enough for one car to utilize when entering and leaving the practice. Therefore, when arriving and leaving, use caution and remain alert for any other vehicles that may be arriving or leaving at the same time. We are working to alter the driveway to best meet our client's needs and we thank you for your patience.

As we expand..

In our previous letter we discussed some exciting new components to therapy such as ADHD coaching and ecotherapy. As these programs become finalized, more information will be provided on our website, our social media pages, future newsletters, and through our lovely clinicians.

Please note:

Our neighbors have animals that are **not** affiliated with Center for Balanced Living. Extending our respects to them, we ask clients to not approach any of the animals they see outside of the practice. We have a lovely dog on site, Dr. Serravalle's dog Lucy, that can be pet when she is around (if you are comfortable with dogs of course!)

